

# **Guidelines for inclusion. Grants and procedure**

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## Grants and procedure

**Erasmus+ facilitates the participation of individuals with special needs and promotes inclusion for those from disadvantaged backgrounds.**

Erasmus+ is a comprehensive program with three Key Actions that provide opportunities across all educational sectors: School Education, Vocational Training, Higher Education, and Adult Education.

Mobility of individuals for learning purposes (Key Action 1 - KA1). Cooperation for innovation and the exchange of good practices (Key Action 2 - KA2): Strategic Partnerships.  
Reform of education, training, and youth policy systems (Key Action 3 - KA3)

The Erasmus+ program aims to promote equity and inclusion, facilitating access for participants from disadvantaged backgrounds and those with fewer opportunities than their peers when adverse circumstances limit or prevent participation in transnational activities for reasons such as:

**Disability (i.e., participants with special requirements):** Individuals with mental (intellectual, cognitive, learning), physical, sensory, or other disabilities.

**Learning disabilities:** Students with learning difficulties, early school departure, low-skilled adults, and young people with low academic performance.

**Economic Obstacles:** Individuals with a low economic status, low income, or reliant on social welfare, young people in poverty or long-term unemployment, homeless people, those in debt, or facing financial challenges

**Cultural Differences:** Immigrants, refugees and their descendants, ethnic or national minorities, and individuals with linguistic or cultural adaptation difficulties.

**Health Problems:** People with chronic health issues, severe illnesses, or mental health conditions.

**Social Obstacles:** Individuals facing discrimination based on gender, age, ethnicity, religion, sexual orientation, disability, etc., those with limited social skills or at-risk

behaviors; individuals in precarious situations, ex-offenders, ex-drug or alcohol addicts, young or single parents, orphans.

Geographical Obstacles: Individuals from remote or rural areas, residents of small islands or peripheral regions, those from troubled urban areas, and individuals from regions with limited public services (limited public transport, poor facilities).

If you find yourself in any of these situations and wish to participate in an Erasmus mobility program, please contact the Erasmus Office via our email:

[erasmus@universidadunie.com](mailto:erasmus@universidadunie.com).



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