

Assessment and intervention in psychogerontology

Total number of ECTS credits		6
Type		Optional
Temporal organisation		Year 4; Semester 7
Modality		Face-to-face
Language		English
Contents	• Introduction to psychogerontology • Normal and pathological ageing • Assessment techniques and instruments in pathological ageing • Intervention techniques and strategies in pathological ageing • Positive ageing	
DEGREE of learning outcomes	Knowledge and content	CC7 Know the ethical and professional obligations specific to psychological intervention. CC8 Understand the theoretical bases of psychosocial intervention and the promotion of healthy habits. CC20 Know lifespan development in adulthood and old age.
	Skills and abilities	HD1 Use assessment instruments appropriate to psychological, emotional, cognitive and behavioural characteristics. HD2 Communicate the results and conclusions obtained in psychology rigorously. HD3 Apply therapeutic intervention techniques and strategies appropriate to the target population. HD5 Apply professional ethics and deontology in patient care. HD6 Identify risk and protective factors in children, adolescents, adults and older people.
	Competences	CP4 Structure a complete intervention plan adapted to the biopsychosocial characteristics of the case and its context. CP5 Design a psychological assessment interview that facilitates the collection of information and the establishment of goals. CP6 Analyse individual differences based on models of health and illness. CP7 Motivate recipients by creating greater adherence to the therapeutic process so that dropout and the probability of relapse are reduced. CP9 Use knowledge of the basic laws governing the action of basic psychological processes to detect alterations in
SUBJECT learning outcomes • CCEIP4 Know neurodevelopmental disorders at any stage of human life. • HDEIP1 Apply assessment and intervention techniques and instruments in dependent populations. • CPEIP2 Develop psychological intervention programmes for chronically ill patients, dependent persons and their relatives to improve their quality of life. • CPEIP3 Develop neuropsychological intervention programmes to strengthen comprehensive development.		

Face-to-face modality	Training activities	Total hours	
	Lectures	28	
	Seminars	4	
	Practical classes	26	
	Viewing and analysis of audiovisual content	6	
	Tutorials	12	
	Independent work	72	
	Final assessment test	2	
	Total	150	
	Assessment systems	MINIMUM	MAXIMUM
	Final assessment: face-to-face test or exam	50	50
	Problem solving	10	30
	Case studies - Projects	10	30
	Other continuous assessment activities	0	10
	Total	70	120

