

Online psychological intervention

Total number of ECTS credits	6	
Type	Optional	
Temporal organisation	Year 4; Semester 8	
Modality	Face-to-face	
Language	English	
Contents	• Paradigm shift: introduction to telepsychological intervention • Potential and limitations of telepsychological intervention • The practice of telepsychological intervention • Psychologists' actions in online intervention • Methods, design and development of online intervention programmes	
DEGREE learning outcomes of	Knowledge and content	CC7 Know the ethical and professional obligations specific to psychological intervention. CC13 Know the code of ethics and current regulations for professional practice in the field of psychology.
	Skills and abilities	HD1 Use assessment instruments appropriate to psychological, emotional, cognitive and behavioural characteristics. HD2 Communicate the results and conclusions obtained in psychology rigorously. HD3 Apply therapeutic intervention techniques and strategies appropriate to the target population. HD5 Apply professional ethics and deontology in patient care. HD6 Identify risk and protective factors in children, adolescents, adults and older people.
	Competences	CP4 Structure a complete intervention plan adapted to the biopsychosocial characteristics of the case and its context. CP5 Design a psychological assessment interview that facilitates the collection of information and the establishment of goals. CP7 Motivate recipients by creating greater adherence to the therapeutic process so that dropout and the probability of relapse are reduced.
SUBJECT learning outcomes • HDEIP4 Apply the code of ethics in virtual psychological interventions. • CPEIP1 Develop prevention and intervention programmes for drug dependence and other addictive disorders. • CPEIP3 Develop neuropsychological intervention programmes to strengthen comprehensive development		

Face-to-face modality	Training activities		Total hours	
	Lectures		28	
	Seminars		4	
	Practical classes		26	
	Viewing and analysis of audiovisual content		6	
	Tutorials		12	
	Independent work		72	
	Final assessment test		2	
	Total		150	
	Assessment systems		MINIMUM	MAXIMUM
	Final assessment: face-to-face test or exam		50	50
	Problem solving		10	30
	Case studies - Projects		10	30
	Other continuous assessment activities		0	10
	Total		70	120

