

Personality and individual differences

Total number of ECTS credits		6
Type		Compulsory
Temporal organisation		Year 1; Semester 2
Modality		Face-to-face
Language		English
Contents	• Introduction to personality psychology: Concepts, theories and method • Origins of individual differences • Structural approach to individual differences • Empirical dimensions of the study of personality and individual differences • Mental health and personality	
DEGREE learning outcomes	Knowledge and content	CC4 Know the basic principles of personality and individual differences.
	Skills and abilities	HD1 Use assessment instruments appropriate to psychological, emotional, cognitive and behavioural characteristics. HD2 Communicate the results and conclusions obtained in psychology rigorously.
	Competences	CP5 Design a psychological assessment interview that facilitates the collection of information and the establishment of goals. CP6 Analyse individual differences based on models of health and illness.
SUBJECT learning outcomes • Know the origin and theories of personality. • Evaluate data from the different dimensions of personality. • Understand the relationship between personality development and mental health.		

Face-to-face modality	Training activities		Total hours	
	Lectures		28	
	Seminars		4	
	Practical classes		26	
	Viewing and analysis of audiovisual content		6	
	Tutorials		12	
	Independent work		72	
	Final assessment test		2	
	Total		150	
	Assessment systems		MINIMUM	MAXIMUM
	Final assessment: face-to-face test or exam		50	50
	Problem solving		10	30
	Case studies - Projects		10	30
	Other continuous assessment activities		0	10
	Total		70	120