

Psychological intervention in childhood and adolescence

Total number of ECTS credits		6
Type		Compulsory
Temporal organisation		Year 3; Semester 6
Modality		Face-to-face
Language		English
Contents	• Deontology and legislation in child and adolescent intervention • Skills and resources of the child psychologist • Intervention in externalising problems in childhood and adolescence • Intervention in internalising problems in childhood and adolescence • Parent and family training	
DEGREE learning outcomes	Knowledge and content	CC6 Know the specific psychological intervention techniques for child and adolescent populations. CC7 Know the ethical and professional obligations specific to psychological intervention. CC8 Understand the theoretical bases of psychosocial intervention and the <u>promotion of healthy habits</u> .
	Skills and abilities	HD2 Communicate the results and conclusions obtained in psychology rigorously. HD3 Apply therapeutic intervention techniques and strategies appropriate to the target population. <u>HD5 Apply professional ethics and deontology in patient care.</u>
	Competences	CP4 Structure a complete intervention plan adapted to the biopsychosocial characteristics of the case and its context. CP5 Design a psychological assessment interview that facilitates the collection of information and the establishment of goals. CP7 Motivate recipients by creating greater adherence to the therapeutic process so that dropout and the probability of relapse are reduced.
SUBJECT learning outcomes • Know the legislation applicable to intervention with child and adolescent populations. • Develop the skills needed to establish appropriate communication between the psychologist and the child and the family. • Apply different intervention techniques according to the problems of the child and adolescent population.		

Face-to-face modality	Training activities		Total hours	
	Lectures		28	
	Seminars		4	
	Practical classes		26	
	Viewing and analysis of audiovisual content		6	
	Tutorials		12	
	Independent work		72	
	Final assessment test		2	
	Total		150	
	Assessment systems		MINIMUM	MAXIMUM
	Final assessment: face-to-face test or exam		50	50
	Problem solving		10	30
	Case studies - Projects		10	30
	Other continuous assessment activities		0	10
	Total		70	120

